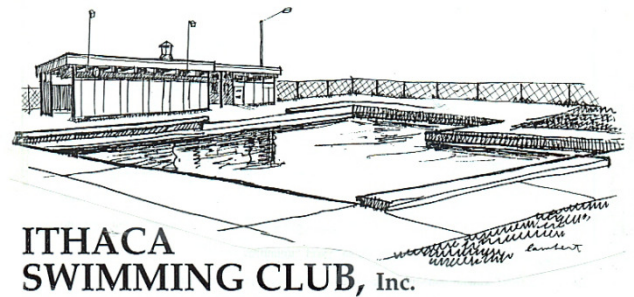


Ithaca Swimming Club

2010 Lifeguards & Swim Instructors

Rev. 6/10



Mike Ariel – Head Guard/Swim Instructor

This is Mike's third season as Head Guard for the Ithaca Swim Club. Mike is a 2009 graduate of Ithaca College where he competed on the Varsity Swim Team. Mike also works as the Assistant Swim Coach for the Men's Swim Team at Ithaca College. Mike also works part time as an Exercise Physiologist for Cayuga Medical Center.

Bonnie Patchen – Guard/Swim Instructor

This is Bonnie's second season as a guard and swim instructor at the Swim Club. Bonnie goes to school at Williams College, where she swims on the varsity team. She has placed 2nd at NCAA in the past two years, and is an All-American swimmer.

Maeve Russell – Guard/Swim Instructor

This is Maeve's second season as a lifeguard at the swim club. Maeve went to Ithaca HS, and will be attending Wesleyan University where she will swim on their varsity team.

Cathleen Barnes – Guard/Swim Instructor

This is Cathleen's third year of working at the Swim Club as a lifeguard and swim instructor. Cathleen graduated from Ithaca College in 2009, where she competed on the varsity swim team for 4 years.

Elyse – Guard/Swim Instructor

This is Elyse's first season as a lifeguard at the swim club. Elyse is going to be a senior in Athletic Training student at Ithaca College.

Becca – Guard/Swim Instructor

This is Becca's first season as a lifeguard at the swim club. Becca will be a senior at Ithaca College, where she competes on the varsity swim team, and is also an All-American.