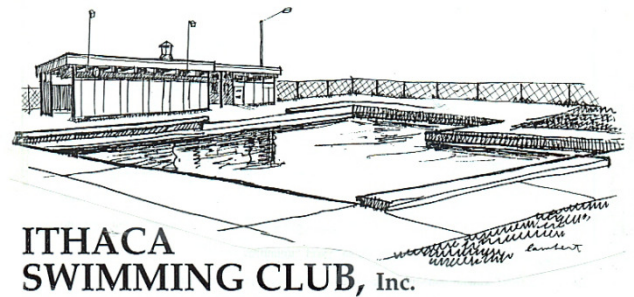


Ithaca Swimming Club

Frequently Asked Questions

Rev. 4/10



What time does the pool open/close?

The pool schedule is posted on the “Member Information” section of the Ithaca Swim Club website at www.ithacaswimclub.org.

How do we know if the pool will be open if the weather is iffy?

Please call the club front desk at 266-9574 when the weather is marginal. The club will keep a guard on duty at all times, and will try to maintain regular hours with the following exceptions:

- Rain and temperature is below 60 degrees: the club will not open.
- Electrical storms and/or rain, or when the temperature is below 65 degrees: the club may not open.
- Rain and the temperature is less than 70 degrees: the club will close at 6:00 p.m.

When is lap swim?

There are always dedicated lanes available for lap swimming, but all six lanes are reserved for adult lap swim during designated times. Check the pool schedule for details.

Are children allowed in the pool during lap swim?

No, nor are they allowed in the locker rooms at this time.

How do I find out about swim lessons?

You can ask Kevin Markwardt, pool manager, or ask in at the pool front desk. Information and registration forms can also be found on the website in the “Lessons” section.

How do I find out about tennis lessons?

During the 2010 season, the Ithaca Swim Club is pleased to offer tennis lessons at the ISC courts from Coach Andrew Gross of Xtreme Fitness. Please see “Tennis” section of the website for information about our Youth Tennis Camps and Tennis Clinics for Adults.

What are the rules about using the deep end of the pool?

Children must be able to swim 25 yards on their front or back in order to be unsupervised in the diving area of the pool.

How old does my child have to be to stay at the pool alone?

Children can stay at the pool alone when they are 12. Please refer to the Annual President’s Letter for the complete policy.

How many lifeguards are on duty?

We have a staff of about 6 full time guards and several part time subs. We usually have 3 guards at the pool. 2 guards will sit in the chairs and 1 will be in the office to answer questions, give first-aid, sell snacks, etc. During busier times we will bring in a forth guard. During quiet periods we may have only one guard up and during very busy periods we may have 3 guards up.

What is the ICS listserv?

The listserv address is Ithaca_Swim_Club@yahoogroups.com. This is a private e-mail listserv (mailing list). All members who provide e-mail addresses when they register are automatically added to the list, unless they specifically request exclusion. Messages are screened and forwarded to the pool manager, swim club board or board president, or entire club membership as appropriate.

My child lost an item at the pool. Where can I find it?

You can check the lost and found near the pool office.

Could I post a notice about a missing item at the pool?

Yes, and it can be also posted on the ISC listserv.

I would like to get volunteers for an event or organization. Could this be posted at the pool or on the listserv?

You can check with Karie Allison, ISC president, and then post it on the ISC listserv if she approves it.

Who do I contact about ...

A list of board members' contact information and their areas of responsibility can be found in the Annual President's Letter, posted on this website under "Member Information."

I have houseguests/visiting relatives for (fill in length of time). Can I bring them to the pool?

Yes, you can sign them in as guests at \$2.50/person/day or \$10/person/week.

How can we get into the pool after hours/after the end of the season to look for my child's missing (fill in article of clothing, shoes, etc). Who should we call about this?

You can call Kevin Markwardt, pool manager.

How do I use the barbecue? Do I need to reserve it to use it?

Directions on how to use the barbecue are in the glass case next to the pool office. They do not need to be reserved.

I would like to have my child's birthday party/family event at the pool. Do I need to reserve a pavilion/table(s)?

Pavilions do not need to be reserved, but you could put things for your party down ahead of time to help unofficially reserve your table (and it would be helpful to mention it to the lifeguards).

My child would like to have a lemonade stand/bake sale/etc at the pool. Is this possible?

Please check with Karie Allison, ISC president.

I forgot my number - how can I find out what it is?

Please check at the pool front desk.

How is the pool sanitized without chlorine?

We use Bromine to sanitize the pool. It is more expensive than chlorine, but better for skin and swim suits, and works better to kill algae over a wider range of PH.

What is the proper etiquette for lap swimming?

- Please be willing to share the lanes.
 - When there are 2 people in the lane, each swimmer takes a side and swims between the black line and the laneline, not in the middle.
 - When there are more than 2 people CIRCLE SWIM: this means always swim on the right-hand side of the lane around the black line. Think of the line as the infield of a track and you must swim on the outside of it.
 - Your right shoulder will be close to the laneline at all times unless you are swimming on your back then your left shoulder will be close to the laneline.
 - Be aware of your speed and try to circle swim in a lane with compatible swimmers. Feel free to rearrange yourselves to accomplish this.
 - When passing a person do so on the left or at the wall on their left. Sometimes a gentle tap on the foot is helpful so they realize you are there.
 - When being passed, please allow someone to do so or stop at the wall and allow them by you.
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- Make sure when turning at the wall that you push off on the correct side of the lane.

Please try to follow these guidelines so lap swimming is enjoyable for everyone. If you have further questions, please ask one of the guards; they would be happy to help.